Providers, our office would like to thank those who took the time to complete the Market Rate Survey for the State of Utah. Your participation with this survey is important in many areas with the first being that it provides the information of child care rates and helps in setting the state-subsidized payment rate. While Child Care Subsidy is not intended to cover the complete cost of care, it is meant to cover at a significant level. The information helps the State determine if they are meeting the federal requirements of state-subsidized payments. This information is also important as it provides information for the State of Utah to report to the Federal Government and demonstrate the state of child care in Utah. The information also provides a look at the resources and needs of children in Utah.

With every request for information, there is a goal higher than just providing referrals to our providers. In January, you will receive a request to fill out a whole record survey. While many feel that there is no need to participate because they just did that last year, the participation is crucial in making sure that the data is accurate and provides the needed information for many entities within the State and federal government.

This last month we celebrated the wonderful work providers and caregivers do. We want to share again our gratitude for you and all you do. Running your business and taking care of our younger population is hard, demanding and yet rewarding work. We are well aware that the added time that filling our surveys takes and we truly want to express our gratitude for your hard work and dedication to the support of children. Thank you!
Here are the slots and vacancies currently listed in our database:

<table>
<thead>
<tr>
<th>City</th>
<th>Slots</th>
<th>Vacancies</th>
<th>City</th>
<th>Slots</th>
<th>Vacancies</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bountiful</td>
<td>865</td>
<td>128</td>
<td>Ogden</td>
<td>1,608</td>
<td>217</td>
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<tr>
<td>Centerville</td>
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<td>0</td>
<td>Plain City</td>
<td>24</td>
<td>0</td>
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<tr>
<td>Clearfield</td>
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<td>237</td>
<td>Pleasant View</td>
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<td>Riverdale</td>
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<td>Roy</td>
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<tr>
<td>Farr West</td>
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<td>South Weber</td>
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<td>Sunset</td>
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<td>19</td>
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<tr>
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<td>49</td>
<td>Syracuse</td>
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<tr>
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<td>West Haven</td>
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<tr>
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<td>West Point</td>
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<td>0</td>
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<tr>
<td>North Ogden</td>
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<td>6</td>
<td>Woods Cross</td>
<td>32</td>
<td>5</td>
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<tr>
<td>North Salt Lake</td>
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<td>36</td>
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</table>

Average Monthly Rates in Harrisville/Pleasant View/North Ogden Center:

<table>
<thead>
<tr>
<th></th>
<th>Under 2</th>
<th>2 years</th>
<th>3 years</th>
<th>4-5 years</th>
<th>Kindergarten</th>
<th>School Age</th>
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</thead>
<tbody>
<tr>
<td>Center</td>
<td>$741</td>
<td>$618</td>
<td>$568</td>
<td>$550</td>
<td>$559</td>
<td>$513</td>
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Family Child Care:

<table>
<thead>
<tr>
<th></th>
<th>Under 2</th>
<th>2 years</th>
<th>3 years</th>
<th>4-5 years</th>
<th>Kindergarten</th>
<th>School Age</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$567</td>
<td>$519</td>
<td>$499</td>
<td>$490</td>
<td>$474</td>
<td>$435</td>
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</tbody>
</table>

If you are interested in the average rates for your city, call us at 801-626-7784 or email bmontgomery@weber.edu.
Thank you to all those who called, emailed or used our online web update form!

Here are the latest winners of our monthly update prize drawings

Feb: Edu-Care
Mar: Amber Vowles
Apr: Amanda Fackrell

Keeping your record up-to-date means parents will have the latest information about your care. It will also ensure that you will only be sent referrals to fill the needs you have. You can update by calling our office at 801-626-7837 or go to our website at http://programs.weber.edu/cac/receiving-referrals.html

If you are familiar with the Care About Childcare website, you can update information while logged in to that website. Just be sure to update your vacancies in addition to whatever else you wish to change and your name will be entered into the monthly drawing.

There are 4 ways you can be entered in our monthly update prize drawing!

1. You can call our office at 801-626-7837 and tell us how many vacancies you have.
2. You can email us at kpolson@weber.edu or bmontgomery@weber.edu
3. You can use the online update form at http://programs.weber.edu/cac/receiving-referrals.html just scroll down to the bottom of the screen.
4. Finally, you can update directly through the careaboutchildcare.utah.gov website. If you aren’t sure of what your username and password is, use the reset password option located above the login fields. An email will be sent to you with instructions on how to log in. You can always call our office at 801-626-7837 if you have any questions.

T.E.A.C.H. is a research based comprehensive strategy to educate and retain early childhood practitioners, positively impacting outcomes for the children in their care. The T.E.A.C.H. Early Childhood® Scholarship Program is a three way partnership between the scholarship recipient, their sponsoring employer and UAEYC. T.E.A.C.H. Early Childhood® UTAH provides scholarships for those working in licensed child care centers in Utah.

Scholarships are available for both teachers and administrators.

To be eligible for a scholarship applicants must:

- Be a Utah resident
- Work a minimum of 30 hours a week in an early childhood facility
- Desire to obtain a college degree
- Have the support of their employer

For more information visit http://www.uaeyc.org/t.e.a.c.h.-early-childhood.html

You can also call 801-893-8211 or email teach@uaeyc.org
The Professional Family Childcare Association of Utah (PFCCA) provides support and benefits to Family Child Care providers all over the state. We’d love to have you join us!

The new PFCCA Board has jumped right in and has been busy working for Utah’s providers! In April we ran in the Calling All Heroes Fun Run, a charitable event to help prevent child abuse and neglect. In May we held our annual Provider Appreciation Day event and had a roaring good time with association members at our Dinosaur themed event! We have also been busy attending committee meetings and hearings.

PFCCA is excited to announce a few changes to the board! Kat Martinez is joining us as our new Newsletter Editor. Kristy DeGraaf -is moving to our newly formed Social Media and Publicity specialist. These changes will help us better meet members needs and advocate even more effectively for Utah’s children and their child care providers!

Are you looking to connect with other family child care providers? Are you seeking high quality training and networking opportunities? Consider attending the NAFCC Annual Conference to be held in Mobile, Alabama - July 19-22, 2017! More information can be found here: https://www.nafcc.org/Conference2017. Looking for something closer to home? Watch for details on the PFCCA Fall Conference to be held in November 2017. Details coming soon on the website.

Have you been waiting to join PFCCA or renew your membership? We have an exciting giveaway for anyone who joins PFCCA while supplies last! If you’ve been waiting it’s the perfect time! Refer your friends, find a network of support and help us improve the quality of care across Utah!

Chapter Meetings - We continue to provide quality and fun trainings every month at chapters throughout Utah. These trainings count as face-to-face trainings for licensing purposes. For more information about your local chapter visit our website at pfcca.org. Can’t find a local chapter? We are always looking for motivated chapter directors! Contact Sunny at sunnyledding@gmail.com for more information on starting a chapter in your area.  

Contact us: PO Box 57931 SLC, UT 84157, 1-800-430-6026

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**September 22-23, 2017**

**Ahoy Mate!!!**

Save the date

**Southern Utah Early Childhood Collaboration Conference 2017**

**KEEP CALM and SAIL ON!**

**helping children navigate their world**

Dixie State University St. George, UT

Watch for more upcoming details

Funded by the Department of Workforce Services/Office of Childcare
WSU Storytelling Festival
Fourth Annual
Story Teaching Symposium
June 22-23, 2017

Sam Payne
Suzanne Christensen

Nothing to be Afraid of: Using Stories to Find Your Way in the Dark
Thursday, June 22, 8am-3pm • Friday, June 23, 8am-2pm
Student Performance: Friday, June 23, 6:30pm-8:30pm. Families Invited

The Symposium is worth one credit hour or professional development.
Sign up at
https://continue.weber.edu/storyteaching
Water Availability

Staying hydrated, especially in the summer!

It is a requirement of the Child and Adult Food Care Program (CACFP) to have water available to children throughout the day, especially at mealtime and upon request. TOP Star best practices and recommendations take it a step further, however, encouraging providers to make water easily visible and available for self-serve. Unless you have drinking fountains inside and outside around your facility, this can be a difficult task to accomplish! Pictured to the right and described below are a couple ideas we’ve found to make it happen:

- Label water bottles with each child’s name and place in a shoe organizer (make sure the smaller children’s water bottles are closer to the bottom!). Transfer the shoe organizer inside and outside depending on where you are playing.
- Set up tables with small pitchers of water and cups at both inside and outside play areas. Allow the children to pour themselves water when they are thirsty.

To learn more about increasing access to drinking water, visit the Centers for Disease Control and Prevention’s Increasing Access to Drinking Water and Other Healthy Beverages in Early Care and Education Settings Guide.

TOP Star Training

Join us for a FREE 2-part provider training and earn 10 Career Ladder AND 10 Licensing Credits! Participants must be TOP Star Endorsed or in the endorsement process. Training covers six topics:

- Childhood Obesity
- Child Nutrition
- Physical Activity for Children
- Personal Health & Wellness
- Working with Families
- Supporting Breastfeeding Mothers

Registration is required. The deadline to register is September 20th. Register online at http://goo.gl/forms/HyBjXrJd7a.

Questions? Contact us!

Davis County: Kristen Brimley (kbrimley@co.davis.ut.us, 801.525.5077)
Weber & Morgan Counties: Sheri Winn (swinn@co.weber.ut.us, 801.399.7194)
Child Care Licensing Rules Training

These classes are to help you better understand the Child Care Licensing rules and their enforcement.

**Pre-registration is required.** If no one is registered within 48 hours, the class will be canceled. To register for the class of your choice call or text Kathleen Sanders at 801-698-3244. You may also call the North Region office at 801-273-6617 or the South Region office at 801-374-7688.

**Classes are held at venues independent of the Child Care Licensing Program.** If you have any questions about the class, please do not contact the venue.

**Classes are taught according to the Care About Childcare specifications.** In order to receive Career Ladder credit, you must be there for the entire class.

**Classes include hands-on activities.**

**Child Care Center Licensing Rules Training**
- May 27th – Center Rules Session 5
  - Weber State University, David O McKay Education Building, Room 10
- June 29th – Center Rules Session 2
  - Weber State University, David O McKay Education Building, Room 10

**Licensed Family and Residential Certificate Licensing Rules Training**
- May 25th – Home Rules Session 1
  - Weber State University, David O McKay Education Building, Room 10
- June 22nd – Home Rules Session 2
  - Weber State University, David O McKay Education Building, Room 10

No classes will be held in the month of July.

More information on these sessions can be found online at [http://childcarelicensing.utah.gov/Trainings.html](http://childcarelicensing.utah.gov/Trainings.html)

If you need to renew your CPR and/or First Aid certifications, here are a few numbers you can call:

- Red Cross: (Weber/Morgan/North Davis) 801-627-0000
  (South Davis) 801-323-7000
- American Heart Association: 1-877-242-4277
- US Training Council: 1-877-554-8500, extension 2
- Lakeview Hospital: 801-299-2246
- McKay Dee Hospital: 801-387-7800
- Bountiful City Fire Department: 801-298-6230
- Kinder Academy: 801-458-4032
- Steve Thorlakson: 801-201-0699
- Becky Erkkila: 801-678-4233
- Save-A-Heart: 801-582-7144
- Davis Hospital (CPR only): 801-807-7023
- Ogden Regional Hospital (CPR only): 801-479-2017
Information on Activity Level

What is it?

Young children need to pay attention to and persist at a task in order to learn from their activities. They also learn through hands-on exploration. They have high activity levels, and most don’t attend to any one thing for very long. Depending on the activity, a two-year-old child can usually sit and be engaged for two to three minutes, and a five-year-old child for fifteen to twenty minutes. While a high amount of energy is normal, some children with high activity levels may be easily distracted, have difficulty finishing projects, and act without considering the consequences of their behavior.

Observe and Respond

You can help your child learn to focus his or her attention and persist at tasks. Let your child move and release energy by getting outside at least once a day. Provide ways for your child to move indoors too. Throwing rolled up socks into a basket, jumping across parallel tape lines on the floor, dropping pegs into a plastic jar, or dancing to music helps burn off youthful energy. It may be tempting to set your child in front of the TV or computer, but these activities may increase the amount of energy and restlessness your child exhibits. Limiting these activities increases your child’s ability to focus. Join your child in playing with a favorite toy. Often your presence helps expand the length of play time. Be sure to notice and comment when your child engages in an activity, and offer positive attention for time spent concentrating. When your child seems ready to move on, ask for one more action with the toy, such as feeding the doll or parking the toy car in the garage.

To help calm or soothe your active child, offer sensory activities, such as pouring sand, playing in water, or working playdough. Reduce noise and cut back on the number of toys available at one time. Displaying toys attractively makes it easier for your child to make choices.

If your child is moving too quickly to analyze the consequences of an action, move close by. Confidentially state the rule by saying something like “It’s not okay to open the guinea pig’s cage. If you open the door, he will get out, and we may not be able to find him. What can you do instead?” If necessary, offer choices like “you can open and close the doors on this shape box or draw a picture of the guinea pig.”

Many children who have high activity levels do best with predictable schedules and routines. Arrange your child’s day to include an opportunity to move before and after sedentary activities. Provide a balance between things you must do and things your child wants to do.

Give notice a few minutes before an activity needs to end. This gives your child a chance to complete an activity or mentally prepare to take a break from it. When you must wait for an appointment or in line at a store, bring a bag of books and toys or play a simple guessing game. Keep your child occupied with appropriate things to do.

Reading books together helps your child learn to focus his or her attention. Pique your child’s interest in the story by posing a riddle or question before beginning to read. Keep the book short so your child can successfully focus on it. When you need to draw your child’s attention back to the book. Ask a question like “Do you think the boy in the story will run home or to school? Let’s find out.”
A Fun Path
Talk about your child’s actions as he goes along a path of objects by stepping over, crawling under, jumping in, and climbing on them. Your child’s physical skills and awareness of space and positional words will increase.

Why this is important?
Following an obstacle course encourages your child’s physical development as well as his understanding of the position of his body in space. When you use the words that describe his actions as he plays, it is easier for him to learn new vocabulary.

What you do
- Create a path of various obstacles for your child to move through, such as a cardboard box open at both ends, a small stool to climb on and jump off, or a rumpled towel to step over.
- Use a piece of rope or a garden hose as a guide if needed.
- Change the path occasionally, using new objects each time. Remember your child’s skill level and keep the obstacles manageable.
- Stay close by and use position words to talk about what your child does. You’re going under the bench. You’re stepping over the paper.
- Be flexible, allowing your child to step off the path if he chooses. He may strictly follow the sequence or try different obstacles randomly.

Another Idea
Invite your child to play “Follow the Leader.” Allow him to lead you along the path as he chooses what to do next. You can be the leader and show him a new way to move around each object.

Tell Family Stories
Let your child move stick puppets to act out a family story that she and you tell together. Telling stories will help your child understand relationships among people in families.

Why is this important?
Handling the puppets helps your child to see her family as a group. Playing with the family puppets may help her to see herself as an important part of a family. She can use her place in the group and her knowledge about her family members to make up stories using familiar information. Having an understanding of how stories are made will later help her better understand the stories she reads.

What you do
- Collect some pictures of family members and friends to cut up.
- Glue the pictures to popsicle sticks to make puppets.
- Make up a story about the family. Encourage your child to move the puppets around to act out the story.
- Include a few real events along with imaginary events in your story.
- Ask your child questions to involve her in making up part of the story. What do you think she did next? How did it make you feel?
- Talk about the adults so that your child can be aware of them as people with feelings and needs.
- Encourage her to tell her own story with the puppets.

Another Idea
Talk and ask about people in daily events, such as going to the supermarket. Who sat in the grocery cart? Which friend did we see there? Who put the groceries in the bag?
We’d like to congratulate the following providers on their accomplishments within the Professional Development Program:

### Career Ladder Recipients

<table>
<thead>
<tr>
<th>Career Ladder Recipients</th>
<th>Career Ladder Endorsement Recipients</th>
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</thead>
<tbody>
<tr>
<td>Denise Barnett, Level 1</td>
<td>Chrystal Hogue, Level 4</td>
</tr>
<tr>
<td>Shantel Beaman, Level 10</td>
<td>Ashley Kendell, Levels 4, 5, &amp; 6</td>
</tr>
<tr>
<td>Anna Berry, Level 2</td>
<td>Jazzlyn Kutei, Levels 4 &amp; 5</td>
</tr>
<tr>
<td>Shaylie Bowden, Level 4</td>
<td>Jamee Nuku, Level 8</td>
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<tr>
<td>Karen Clark, Level 8</td>
<td>Chalisse Sever, Level 4</td>
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<tr>
<td>Lynne Farzati, Level 3</td>
<td>Jennifer Stark, Level 10</td>
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<tr>
<td>Tiffany Heffernon, Level 5</td>
<td>Kambria Turner, Level 2</td>
</tr>
<tr>
<td>Allison Hensley, Level 10</td>
<td>Melissa Westbroek, Level 7</td>
</tr>
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</table>

### Professional Development Award Recipients

Camila Abbott  
Verlina Adame  
Debbie Alvarez  
Ana Barahona  
Anna Berry  
Karen Clark  
Janel Connors  
Seeta Dixon  
Kara Eddington  
Sally Elwood  
Lynne Farzati  
Katharine Fultz  
Ashley Garlick  
Mari Gillies  
Kim Harding  
Ruth Harrah  
Tiffany Heffernon  
Leslie Huffman  
Amy Jackson  
Ashley Kendell  
Jazzlyn Kutei  
Pamela Latamondeer  
Mary Madsen  
Christina Maroney  
Tina McBride  
Marie Meza  
Melissa Monsvais  
Harmony Nordgren  
Jamee Nuku  
Britni Prothero  
Genevieve Romero  
Ashley Scribner  
Tyarra Singleton  
Cynthia Smith  
Nila Smith  
Jennifer Stark  
Jeni Taylor  
Kambria Turner  
Stacy Washburn  
Melissa Westbrooek  
Susan Winterton  
Kathleen Worthley

If you have any questions about the Professional Development Award program, you can call our office at 801-626-7837.
You must pre-register. You will not be considered registered in our classes until we receive the registration form and your payment. We require that you pre-register for our classes for a couple of reasons: 1- Due to the amount of materials we distribute in class, we need to have an accurate count of how many providers will be attending each one and enough time to prepare them. 2- Weber State University has set strict guidelines for us to follow when handling money. They will not allow any money to remain in the office unsecured, overnight. We also do not want to put your information at risk by having it sit on a desk overnight. It is for your privacy and safety that we request you send in your money. **Registration forms must be sent through the mail. Money can not be accepted at the training.** Each registration form will let you know where to send it. Please check the training schedule page on our website (weber.edu/cac) to see if a class is full or has been rescheduled or cancelled.

All training participants must review and sign the Statewide Professional Development System Code of Conduct each time you register. If there is no signature, your registration form will be sent back for you to sign. We will not be able to hold your spot in any class and you may miss out on the class that you want to register for. We are not able to register anyone for a class without the signed copy of the Code of Conduct.

The registration form has the information we need for the Utah State Training Registry and must be filled out **in full.** An incomplete registration form will delay your registration and you may miss the class you are trying to register if it fills before we can collect the information we need. If you have any questions about the information we collect, you can contact our office at 801-626-7784.

If you are sending registrations for more than one person, **you must include a registration form for each person and each person must sign the Training Participant Code of Conduct.** The form has the information we need for the Utah State Training Registry, without it we cannot register you for any of our classes. Also, each person must sign a copy of the Utah State Professional Development System Code of Conduct. Without that signature, no one will be able to attend classes.

**Registration for each class will close 7 days prior to the start of class.** No registrations will be accepted within a week of the class’ start date. This will give us time to prepare the right amount of materials.

We register for classes one quarter at a time. You may register only for the classes listed in our current newsletter. Each quarter's class schedule and registration form can be found in our quarterly newsletter, the Child Care Connector. The newsletter is published every September, December, March and June. The schedule and registration form will also be posted on our website shortly after it has been sent in the mail.

**Sorry, we are not able to issue a refund.** If we receive money from you for a class that is already full, we can give you the option of sending the check back to you or sending you a credit voucher. When a class is full, it will be posted on the training schedule page on our website at weber.edu/cac. **You can always call our office at 801-626-7837 to check if the class is full before sending in the registration form or check our online schedule.**

If you are unable to attend a class and you call at least three days before  the first session starts, we can send you a credit voucher. Sorry, we are not able to refund money. **Please be sure to call during office hours Mon – Thu 8am-4:00pm.** You can reach us either at 801-626-7837 or toll free at 1-888-970-0101. **We cannot issue a credit voucher if you fail to notify us before the first session of a class.**

Each 10 hour class is broken down into four sessions. If you miss one or two session(s) in a class, no money can be refunded. However, you can make it up when that session is taught again, without repaying. You also have the option of making-up the session you missed with another CAC agency without having to pay again. We have an agreement with our sister agencies that allows you to make up one or two sessions with them. Just contact them for their times and registration policies.

**To register for a make-up session with us,** simply fill out the registration form and circle the dates you need to make up, write "make-up" in the amount enclosed section and send it in. Be sure to include the signed Code of Conduct with the form. We have a limited number of make-up slots available for each night so please let us know if you are registered for a make-up session and are unable to attend.

**We need to have a minimum number of providers enrolled to conduct the class.** Classes, which don't meet these minimum numbers five days before the class, will be either cancelled or rescheduled. We will notify you and send you a credit voucher for another class.

**Classes may be canceled due to weather.** We follow Weber State University's policies regarding this issue. If the campus is closed, our classes will be canceled. If not, classes will be held. You can call Weber State at 801-626-6000 to find out if the campus has been closed. We will also leave a message on our main phone line 801-626-7837. All classes canceled due to weather will be rescheduled.

Certificates are given to participants on the last day of class. If you are making up a session, let the trainer know, they can get the certificate to you sooner. If you do not receive a certificate within two weeks of the final session, contact our office at 801-626-8083. There will be a $5 charge for a replacement certificate.
### Class Title & Description

<table>
<thead>
<tr>
<th>Class Title &amp; Description</th>
<th>Date, Time &amp; Place</th>
<th>Cost</th>
<th>Credit</th>
<th>Career Ladder</th>
</tr>
</thead>
<tbody>
<tr>
<td>Healthy Care</td>
<td>9am – 2:30pm</td>
<td>$16</td>
<td>10 Lic</td>
<td>Level 1</td>
</tr>
<tr>
<td>Instructor: Verlina Adame</td>
<td>WSU ED13</td>
<td></td>
<td>10 CDA</td>
<td></td>
</tr>
<tr>
<td>(10 hours) In this course participants will learn about child care health and safety issues. Topics include: communicable diseases, SIDS, shaken baby syndrome, child abuse and neglect, injury prevention, emergency procedures, nutrition, sick children, and medication administration.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

| Infant & Toddler Care Course 4: Working With Families of Infants & Toddlers | July 10, 12, 17, & 19 | $16  | 10 Lic | Level 5 – 8 |
| Instructor: Gina O’Driscoll | 6:30 – 9pm | 10 CDA | Infant & Toddler Endorsement |
| (10 hours) In this course participants explore positive ways to work with the families of the children in their care. Areas of focus include: partnerships, sharing the care, and how to be aware of, and sensitive to, cultural differences. |

| Child Development: Learning in the Early Years | July 11, 13, 18, & 20 | $16  | 10 Lic | Level 1 |
| Instructor: Tressie Kearl | 6:30 – 9pm | 10 CDA |
| (10 hours) In this course participants explore how young children learn and develop. Areas of focus include: brain development, learning through play, supporting social and emotional development, and positive guidance. |

| Advanced Child Development in Young Children | July 25, 27, Aug 1, & 3 | $16  | 10 Lic | Level 2 – 3 |
| Instructor: Crystal Knippers | 6:30 – 9pm | 10 CDA |
| (10 hours) In this course participants learn basic principles and theories of child development, and how this knowledge can influence their day-to-day work with children. Participants will be introduced to the theories of Maslow, Erikson, Montessori, Piaget, Vygotsky, Kohlberg, Gilligan, and behaviorism. |

| Special Topic: Let’s Explore! | July 31 | none | 2.5 Lic |
| Instructor: Crystal Knippers | 6:30 – 9pm | |
| (2.5 hours) This class will teach ways caregivers can help young children develop positive attitudes about curiosity. |

| Director’s Support Group | Aug 2 | none | --- |
| Facilitator: Crystal Knippers | 6:30 – 7:30pm | |
| This will be an evening for directors to talk with other directors to share information on what successes each one is having and possibly find solutions to those nagging problems. Come ready to share and learn. |

| Strong & Smart: Physical & Intellectual Development | Aug 5, & 12 | $16  | 10 Lic | Level 2 – 3 |
| Instructor: Verlina Adame | 9am – 2:30pm | 10 CDA |
| (10 hours) In this course participants learn practical ways to promote young children's physical, cognitive, language, and creative development in age-appropriate play and learning activities. |

| Child Development: Ages & Stages | Aug 7, 9, 14, & 16 | $16  | 10 Lic | Level 1 |
| Instructor: Verlina Adame | 6:30 – 9pm | 10 CDA |
| (10 hours) In this course participants learn about typical developmental milestones for infants, toddlers, preschoolers, and school age children. Participants also learn basic strategies for working with each of these age groups of children. |

<p>| Guidance &amp; Emotional Wellness Course 2: Foundations of Emotional Wellness | Aug 8, 10, 15, &amp; 17 | $16  | 10 Lic | Level 5 – 8 |
| Instructor: Megan Jolley | 6:30 – 9pm | 10 CDA |
| (10 hours) In this course participants will learn about the importance of developmental theory to guidance and emotional wellness. They will learn about additional concepts developed by CSEFEL (Center for Social Emotional Foundations for Early Learning). They will learn why building healthy relationships and creating supportive environments are the cornerstones of helping children succeed socially and emotionally. |</p>
<table>
<thead>
<tr>
<th>Class Title &amp; Description</th>
<th>Date, Time &amp; Place</th>
<th>Cost</th>
<th>Credit</th>
<th>Career Ladder</th>
</tr>
</thead>
</table>
| **Basics of Child Care**  
Instructor: Vivian Hardy  
(5 hours) This class covers all of the topics required by licensing. It is recommended especially for those just entering the child care field. | Aug 19  
9am – 2:30pm  
WSU ED13 | none | 5 Lic | none          |
| **School Age Course 2: Behavior & Positive Guidance**  
Instructor: Betzy Mulwee  
(10 hours) In this course participants will learn the effect of positive relationships on behavior of school age children. They will learn how to set up environments to optimize positive interactions and how to create behavior support strategies using observation. | Aug 21, 23, 28, & 30  
6:30 – 9pm  
WSU ED13 | $16 | 10 Lic | Level 5 – 8 School Age Endorsement |
| **Working Together: Productive Relationships with Families**  
Instructor: Tressie Kearl  
(10 hours) In this course participants learn effective strategies for establishing and maintaining open and positive relationships with each child's family, encouraging family involvement in the child care program, and supporting each child's relationship with his or her family. | Aug 22, 24, 29, & 31  
6:30 – 9pm  
WSU ED13 | $16 | 10 Lic | Level 2 – 3          |
| **Theory and Best Practices, Course 2: Erickson and Bronfenbrenner**  
Instructor: Crystal Knippers  
(10 hours) In this course participants will learn about Erickson’s life’s work and gain an understanding of his Psychosocial Development Theory. Participants will also learn about levels of Bronfenbrenner’s Ecological Systems Theory and how to apply them to the child care profession. | Sept 5, 7, 12, & 14  
6:30 – 9pm  
WSU ED13 | $16 | 10 Lic | Level 5 – 8 Theory & Best Practices Endorsement |
| **CDA Orientation**  
Instructor: Megan Jolley  
This 1 hour workshop will cover the steps to earning a CDA. | Sept 6  
6:30 – 7:30pm  
WSU ED13 | none | 1 Lic | none          |
| **Family Child Care, Course 1: Relationships**  
Instructor: Vivian Hardy  
(10 hours) In this family child care course participants learn skills to help them develop the foundations of a quality home child care program. Areas of focus include: building trusting and respectful relationships with children and families, communication skills, and positive guidance. | Sept 9, & 16  
9am – 2:30pm  
WSU ED13 | $16 | 10 Lic | Level 5 – 8 Family Child Care Endorsement |
| **Special Needs Course 2: Communication**  
Instructor: Autumn Ure  
(10 hours) In this course participants will teach participants about communicating in regards to children with special needs. Topics include building partnerships with families, community resources and supports, facilitating communication with children and families, encouraging speech and basic sign language. | Sept 11, 13  
6:30 – 9pm  
& Sept 16  
9am – 2pm  
WSU ED13 & ED10 | $16 | 10 Lic | Level 5 – 8 Special Needs Endorsement |
| **Infant & Toddler, Course 3: Learning in Infancy & Toddlerhood**  
Instructor: Gina O’Driscoll  
(10 hours) In this course participants explore how infants and toddlers learn. Areas of focus include: cognitive discoveries of infancy, the role of the caregiver in supporting learning, stages of infancy, and language development. | Sept 18, 20, 25, & 27  
6:30 – 9pm  
WSU ED13 | $16 | 10 Lic | Level 5 – 8 Infant & Toddler Endorsement |
| **School Readiness Standards Course 2: Mathematics**  
Instructor: Megan Jolley  
(10 hours) In this course, based on Utah’s Early Childhood Core Standards, participants will learn how to effectively and appropriately foster preschooler’s early math and science skills for school readiness. Areas of focus include: concepts of number and counting, shapes, spatial relations, patterning, sorting, comparing, and measurement. | Sept 19, 21, 26, & 28  
6:30 – 9pm  
WSU ED13 | $16 | 10 Lic | Level 5 – 8 School Readiness Endorsement |
| **Professionalism in Child Care: More Than Babysitting**  
Instructor: Tressie Kearl  
(10 hours) In this course participants learn how to make informed decisions based on standards for best practices, utilize opportunities for individual professional growth, and contribute to the early childhood field. | Sept 23 & 30  
9am – 2:30pm  
WSU ED13 | $16 | 10 Lic | Level 2 – 3          |
Please note that in incomplete registration form could result in a delayed registration.

Your full legal name: 

Your birthdate: 

Home Address: 
City, State Zip: 

Cell phone: 
Work phone: 

Email Address: 

Name of Child Care you work in: 
Start Date: 
What is your position at this child care?: 

☐ I have read, and included a signed copy of the Statewide Training Participant Code of Conduct with this registration form. (The Code of Conduct can be found on page two of this form.)

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<td>July 10, 12, 17 &amp; 19</td>
<td>$16</td>
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Office use only (Please DO NOT WRITE IN THIS SPACE) 

Date received: 
☐ voucher ☐ Money Order ☐ check ☐ ctr pd 

Total Amount Enclosed: 

Funding comes from the Utah Office of Child Care, from Federal Block Grant monies, set aside for enhancing quality in child care. By following the training policies, you are helping us provide excellent training at a reduced cost to you. 

No refunds are available, but you may receive a credit voucher if you cancel at least three business days before the class.
1. Punctuality / Attendance: I understand that I must be in class at or before the time scheduled for class to begin in order to obtain credit for the class. If I arrive after the time that class is scheduled to begin, I can use the time that I was actually in attendance for licensing credit, but I will have to repeat the full 2 1/2 hour session to get Career Ladder credit for the course. This includes returning on time from breaks and lunch. Class will begin when the trainer determines that it is time to start. I understand that if I am not present during the entire class period, I will not receive Career Ladder credit for the session, and will have to repeat the full 2 1/2 hour session in order to receive credit for the course.

2. Disruptive Behavior: I will be respectful to all personnel that support the Professional Development System (ie: Care About Childcare/CCR&R staff, CCPDI staff, OCC staff, etc.). I will not use obscene, profane, threatening, discriminatory, harassing or abusive language. During class, I will be respectful to the trainer and others in attendance during each class session. I will not engage in any conversation or behavior that is disruptive or disrespectful to the trainer or other participants in the class. I will attentively participate in class. I will not text message or make cell phone calls during class time. I understand that I am required to turn my cell phone and/or other electronic devices off or turn them to vibrate during class time. I will limit all cell phone calls to break time or after class time. I will not engage in disruptive private conversations during class time. If I must bring food or drink to class, I will eat quietly and will not allow food or drink to become disruptive or distracting to the trainer or other class participants.

3. Illegal Activity/Health & Safety: I understand that any illegal activity, including behavior that threatens the health or safety of the trainer or another class participant before, during or after class will be cause for my immediate expulsion from class and permanent suspension from participation in the Career Ladder and the Professional Development Award, and that such behavior may be reported to law enforcement. I understand that I may be asked to leave a training if my condition prevents me from participating or is disruptive to the class environment.

4. Children: I understand that adult training classes are not a developmentally appropriate environment for children of any age. I will not bring children to class.

5. Class Roll: I understand that in order to receive credit for each class session, I must sign my full legal name on the roll before class begins. I understand that failure to do so will result in my not receiving credit for the class session. I understand that I may not sign the roll for someone else.

6. Confidentiality: I understand that confidentiality is extremely important. I understand that I must keep all names and other identifying information confidential when I am relating a story during class or asking for guidance regarding certain issues. I also understand that it is my responsibility to keep sensitive issues discussed during class in confidence, and not discuss it with family or friends outside of that classroom setting.

7. Refunds: I understand that class registration fees are non-refundable. I understand that if I notify CAC/CCR&R a minimum of three days in advance that I am unable to attend a course for which I am registered, that my registration fee may be able to be credited toward another class. I understand that it is my responsibility to contact CAC/CCR&R to make these arrangements.

8. Non-Compliance: I understand that, in cases of infractions of a minor severity (behavior that has been determined to be disruptive but not illegal), that I will be allowed one issued verbal warning upon the first violation of the above listed rules. I understand that upon the second such infraction, I will be suspended from participation in the Career Ladder and Training and Professional Development Award for one year from that infraction date. I understand that upon the third such infraction I will be permanently barred from participation in the Career Ladder and Professional Development Award System. I understand that upon the first incident of any violation in which I engage in illegal activity (including threatening or intimidating behavior), that I will be permanently banned from participation in the Career Ladder and Training and the Professional Development Award System, and that such action may be cause for intervention by law enforcement and/or other legal action.

Print Name ___________________________ Signature ___________________________ Date ___________________________

Last revised: July 1, 2016
We are here to help YOU!

**Referrals**
Every day parents searching for child care contact our agency either online or by phone. Update your information with us and we can add your business to our referral list. It’s the easiest way to advertise! Call us at 801-626-7837 or toll free at 1-888-970-0101 to make sure your name is on the list.

**CDA Consultant**
Are you interested in obtaining your Child Development Associate Credential? Our Program Coach, Megan is available to answer all your questions and be your partner through the process. **Call 801-626-8047 to get started!**

**Technical Assistance**
Call our office at 801-626-7837 to receive help with an issue you are having whether it is a business, parent or child issue, we can provide you with the resources you need to solve it.

**Center Program Coaching**
The center program coaching is designed for center directors and a staff member. There will be one-on-one assistance to help you work towards and maintain standards of quality. Give Megan a call at 801-626-8047.

**Family Child Care Program Coaching**
The Family Coaching Program is designed for family providers. It is free, one-on-one assistance done in your home. Weekly visits where the consultant brings new ideas, activities and thoughts on ways to use things you already have to provide learning opportunities. Give Vivian a call at 801-626-7815.

**Professional Development Award**
Caregivers who work over 20 hours a week can receive a yearly cash bonus based on their level on the Career Ladder and number of awards previously earned. For assistance on what level you may qualify for or for help in achieving your first or higher level contact us at 801-626-8083.

**Fingerprinting**
We have a livescan machine and are one of your options to have fingerprints taken. We have times available 5 days a week, but those times are limited and are scheduled by appointment only. Call us to make an appointment at 801-626-7837.

**Training**
Earn hours for licensing, CDA & the Career Ladder. Training is a great way to increase your knowledge and network with other providers. Call 801-626-7837 or 801-626-8083 with your questions about training.