With the increased availability of news these days, it seems as though it is just as easy to see the turmoil and destruction as it is to see the stories that share good. There are repeated calls for peace among us all. In the early childhood field, this increases our need to help promote prosocial skills in the early years. In a 2011 article from NAEYC entitled Caring about Caring: What Adults Can Do to Promote Young Children’s Prosocial Skills authored by Marilou Hyson and Jackie L. Taylor, there is a list of things adults can do to promote prosocial skills in young children. Some of the highlights are as follows.

1. Building secure relationships: As caregivers of young children, it is a great responsibility to help build secure relationships with children. These relationships help children to develop skills such as empathy, caring and have prosocial behaviors. The ways we develop these secure relationships is by responding sensitively to children’s everyday needs and interacting in emotionally supportive ways and listening and talking to these young children with sincere attention.

2. Creating a classroom community: Creating an environment where children see and feel the benefits of being in a group of people. Children who work and play together are more likely to use prosocial behavior with other children. As caregivers, we can remind children that they are all part of a caring group of friends. When children are with their peer groups, engaged in play, they are motivated to behave prosocially because other children may not choose to play with them if they do not act in a prosocial manner. Plan for opportunities to support children with time, space, and to support the children to become fully engaged in their environments and with the peer play groups.

3. Model prosocial behavior: We as adults need to be warm, nurturing and responsive to the children’s needs in order to be an example of the ways we want children to respond to others. When we are examples of good prosocial behavior, we are more aware of the ways to prompt children’s behavior towards caring, helping actions.

4. Establish prosocial expectations: In our environments, we should be expecting but not forcing children to be polite and helpful to their peers and other adults. Sometimes it may take a direct prompt versus a subtle reminder for children to meet the expectations of prosocial behavior.

The article further focuses on how we can support families in influencing prosocial skills within their own homes and other tips and resources. As we commit to help children develop the skills necessary to create a peaceful, supporting and caring community within our programs, we are also helping them develop lifelong skills towards caring communities.

For a copy of this article, please see the caregiver resource page on our website at: [http://programs.weber.edu/cac/caregiver-resources.html](http://programs.weber.edu/cac/caregiver-resources.html)
Here are the slots and vacancies currently listed in our database:

<table>
<thead>
<tr>
<th>City</th>
<th>Slots</th>
<th>Vacancies</th>
<th>City</th>
<th>Slots</th>
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<td>West Haven</td>
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<td>North Ogden</td>
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Average Monthly Rates in zip code 84015

Center:

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<tr>
<th>Under 2</th>
<th>2 years</th>
<th>3 years</th>
<th>4-5 years</th>
<th>Kindergarten</th>
<th>School Age</th>
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<td>$553</td>
<td>$539</td>
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Family Child Care:

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<th>3 years</th>
<th>4-5 years</th>
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<td>$532</td>
<td>$504</td>
<td>$497</td>
<td>$426</td>
<td>$447</td>
</tr>
</tbody>
</table>

If you are interested in the average rates for your city, call us at 801-626-7784 or email bmontgomery@weber.edu.
Thank you to all those who called, emailed or used our online web update form!
Here are the latest winners of our monthly update prize drawings

**May:** Brittany Chamberlain
**June:** Jane Curfew
**July:** Kid’s First

Keeping your record up-to-date means parents will have the latest information about your care. It will also ensure that you will only be sent referrals to fill the needs you have. You can update by calling our office at 801-626-7837 or go to our website at http://programs.weber.edu/cac/receiving-referrals.html

If you are familiar with the Care About Childcare website, you can update information while logged in to that website. Just be sure to update your vacancies in addition to whatever else you wish to change and your name will be entered into the monthly drawing.

There are 4 ways you can be entered in our monthly update prize drawing!

1. You can call our office at 801-626-7837 and tell us how many vacancies you have.
2. You can email us at kpolson@weber.edu or bmontgomery@weber.edu
3. You can use the online update form at http://programs.weber.edu/cac/receiving-referrals.html just scroll down to the bottom of the screen.
4. Finally, you can update directly through the careaboutchildcare.utah.gov website. If you aren’t sure of what your username and password is, use the reset password option located above the login fields. An email will be sent to you with instructions on how to log in. You can always call our office at 801-626-7837 if you have any questions.

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**Attention Providers with Families in Weber County!**

Weber State’s Child & Family Studies Department has a fabulous free program designed to help families with young children.

The Weber State University Family Literacy Program believes that a parent is a child’s first and most important teacher. In this program, parents of young children will learn how to engage in literacy activities with their children. They will learn about culturally appropriate parenting strategies and how focus on daily literacy activities. Parents will also learn how to increase positive family interactions and decrease punitive parenting practices. Families will visit educational centers such as the library and the Treehouse Museum.

In addition to increased literacy, these activities between parent and child will help build a child’s self-esteem and self-control. It will give them better communication skills and increase positive social interactions.

The Family Literacy Program goes beyond what is traditionally done at Head Start.

The WSU Family Literacy Program was awarded the Exemplary Collaboration Award in 2015 by Weber State University and was featured on KSL TV.

Because of funding guidelines, this program serves families who reside in Weber County and who have younger children (ages 2-5).

You can visit www.weber.edu/familyliteracy to sign up.

The program is offered to both Spanish and English speaking families.

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The Professional Family Childcare Association of Utah (PFCCA) provides support and benefits to Family Child Care providers all over the state.
We’d love to have you join us!

The PFCCA board is excited to attend the Southern Utah Early Childhood Collaboration Conference. There is still time to register. Join us September 22nd – 23rd in St. George to learn new behavior management strategies, curriculum ideas and much more.

PFCCA is happy to announce a change to the board! Amy Christensen is returning to the board to take over Membership. She has been working hard to catch up on getting membership cards out, sorry for those of you that have been waiting.

If you participate in CACFP then you may be aware that the subsidy rates have gone down for some meals and stayed stagnant for others, not keeping up with rising food costs. You can help by calling or emailing your representative and asking them to support increased funding for the Child Care Development Block Grant and other early learning programs. Find your Members of Congress here: Visit www.senate.gov and www.house.gov to identify your two Senators and your Representative and to find their contact information.

Save the Date! PFCCA is holding our Fall Conference November 18th in Salt Lake City. Check https://www.pfcca.org/ soon for more details and to register.

Chapter Meetings - We continue to provide quality and fun trainings every month at chapters throughout Utah. These trainings count as face-to-face trainings for licensing purposes. For more information about your local chapter visit our website at pfcca.org. Can’t find a local chapter? We are always looking for motivated chapter directors! Contact Sunny at sunnyledding@gmail.com for more information on starting a chapter in your area.

Contact us: PO Box 57931 SLC, UT 84157, 1-800-430-6026

The Child Care Professional Development Institute (CCPDI) has a new name! They are now the Utah Registry for Professional Development (URPD).

The office will remain the same, but with a new name and new logo.

Another name change that occurred is the change from the Professional Development Award to the Professional Development Incentive.

The Professional Development Incentive System is a voluntary statewide professional development program for early childhood educators in a child care setting. The goal of this award is to increase the quality of child care through caregivers receiving ongoing education and training.

Eligible caregivers completing the requirements, and who maintain a minimum of ten hours of approved training per year, will receive a yearly cash bonus. Caregivers who choose to get a Career Ladder Level 4 or higher will get a substantial increase in award amount.

The Utah Career Ladder has 10 levels highlighting education in the field of child care. Specific levels are earned by completing the required training for that level.

Contact URPD to apply for both the Career Ladder and the Professional Development Incentive. http://urpd.usu.edu or ccpdi@usu.edu
4th Annual Care About Childcare—USU Eastern
Conference on Strengthening Early Childhood Programs

What the Wizard Knew
Exploring Brain-Body Learning in Children

Through breakout sessions we will explore:

- Brain - body development in young children
- Practices that can be incorporated into your daily schedule to help brain development in the children in your program
- Solutions and helps for different challenges encountered by children in your program, sensory and otherwise

There will also be a keynote speaker, Learn and Takes, and much, much more.

Please join us in October!

Keynote Speaker:
Dr. Heath Earl,
Associate Professor,
Utah State University.

With an emphasis on Clinical Neuropsychology and Child and Family Psychotherapy, Dr. Earl is an engaging and entertaining speaker.

For Up to Date Information and to Register go to:
http://usueastern.edu/cacconference/
October 13 & 14, 2017
Utah State University—Eastern Price, UT

Funding provided by the Child Care and Development Fund, The Department of Workforce Services and the Office of Child Care

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Save the Date for 2018
Utah Early Childhood Conference!
March 3, 2018
Featuring Keynote Speaker
Dr. Becky Bailey
of Conscious Discipline

Watch for Registration Information
So This is Normal Too?

Tattling, aggression, and temper tantrums are examples of "normal" behaviors that can be difficult for teachers, caregivers, and families to handle. If ignored, these behaviors can grow into difficult, unappealing habits. So This Is Normal Too? Second Edition, focuses on how teachers can observe and identify children who need more specific support and provides effective and practical solutions to guide children as they learn new skills and improve behaviors. Filled with child development information on twenty-one skills and behaviors, this resource links early learning standards to behavior and skill challenges. It also includes action planning forms and family handouts. Age Focus: 3-6. Softbound, 256 pgs.

ISBN: 978-1-60554-072-6

Before Push Comes to Shove:
Building Conflict Resolution Skills with Children

Using the story, Best Day of the Week as a tool, this conflict resolution curriculum shows how teachers of young children can begin to build conflict resolution skills with young children in ways that are meaningful to them and embedded in their everyday school experiences. Nine comprehensive chapters address topics ranging from the basis of conflict resolution education to how to develop a specific curriculum. The last chapter gives helpful resource information.

ISBN: 978-1884834530
Healthy Holiday Recipes

During the holidays, it’s hard to eat healthy with all the delicious treats surrounding you and your kids at holiday parties. To help you keep the holiday spirit alive while continuing to eat healthy, we have put together three healthy snacks for you and your kids to enjoy. Happy Holidays!

Halloween Sweet Potato Fries

Ingredients:
- 2 large sweet potatoes
- 1/2 tsp. pumpkin pie spice
- 1 tbsp. sugar
- 3 tbsp. olive oil
- 1/2 tbsp. salt

Instructions:
1. Clean the sweet potatoes. Slice the potatoes in 1/4” rounds.
2. Use mini cookie cutters to cut jack-o-lantern faces, stars, and pumpkins into the center of each slice.
3. Place sweet potatoes on a parchment-lined baking sheet. Drizzle with olive oil, sprinkle with pumpkin spice, sugar, and salt.
4. Bake in the oven at 400°F and cook until tender, about 18-22 minutes.

Pumpkin Oatmeal Muffins

Ingredients:
- 2 eggs
- 1/2 cup pumpkin puree
- 1/2 cup unsweetened almond milk
- 2 tbsp. maple syrup
- 1/2 tsp. vanilla extract
- 1/2 tsp. pumpkin pie spice
- 1/4 tsp. salt
- 1 cup oats

Ingredients continued:
- 1/4 cup chocolate chips
- 1 tsp. baking powder

Instructions:
1. Preheat the oven to 375°F.
2. Whisk together the eggs, pumpkin, milk, syrup, vanilla, pumpkin pie spice, and salt. Once combined, add the oats, chocolate chips and baking powder. Stir until combined. Pour into standard muffin tin.
3. Bake for 18-20 minutes until cooked through.

Cinnamon Apple Chips

Ingredients:
- 4 apples, cored and sliced 1/8” thick
- 1-2 tsp. ground cinnamon
- 1-2 tsp. granulated sugar, if needed
- Cooking spray

Instructions:
1. Preheat oven to 200°F.
2. Add the sliced apples to a large bowl, then coat them with the cinnamon and sugar.
3. Spray a baking sheet with cooking spray and line the apples flat on the pan.
4. Bake 2-3 hours until the chips are dry yet still soft. Allow to cool completely before placing them in an air tight container.
Attention Child Care Providers!

Join us for a FREE two-part provider training to learn about:

- Childhood Obesity
- Child Nutrition
- Physical Activity for Children
- Personal Health and Wellness
- Working with Families
- Supporting Breastfeeding Mothers

The next training will be held:

Saturday, September 23rd
& Saturday, October 21st
9 AM—3 PM

North Davis Senior Center
42 S State Street
Clearfield, UT 84015

Check-in will begin at 8:30 AM.
From 12:20 to 1:20 participants will be excused for a lunch break.
Participants are welcome to bring a sack lunch.

A total of 10 Licensing and/or 10 Career Ladder Credits (Levels 1, 5-8) will be available.
Participants must attend BOTH Saturdays to receive full credit.
No children will be allowed in class.

Registration is required and class size is limited. To register go to http://goo.gl/forms/valylopmbc5rmkusr1
or contact Kristen (kbrimley@co.davis.ut.us, 801-525-5077).
Child Care Licensing Rules Training

There will be no Licensing Rules Training scheduled until further notice. If you have questions or need assistance, please contact Kathleen Sanders at 801-698-3244 or at ksanders@utah.gov.

More information on trainings conducted by child care licensing can be found online at http://childcarelicensing.utah.gov/Trainings.html

If you need to renew your CPR and/or First Aid certifications, here are a few numbers you can call:

- Red Cross: (Weber/Morgan/North Davis) 801-627-0000
  (South Davis) 801-323-7000
- American Heart Association: 1-877-242-4277
- US Training Council: 1-877-554-8500, extension 2
- Lakeview Hospital: 801-299-2246
- McKay Dee Hospital: 801-387-7800
- Bountiful City Fire Department: 801-298-6230
- Kinder Academy: 801-458-4032
- Steve Thorlakson: 801-201-0699
- Becky Erkkila: 801-678-4233
- Save-A-Heart: 801-582-7144
- Davis Hospital (CPR only): 801-807-7023
- Ogden Regional Hospital (CPR only): 801-479-2017
We’d like to congratulate the following providers on their accomplishments within the Professional Development Program:

### Career Ladder Level & Endorsement Recipients

<table>
<thead>
<tr>
<th>Provider Name</th>
<th>Level/Endorsement</th>
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</thead>
<tbody>
<tr>
<td>Karla Arugelles</td>
<td>Special Needs Endorsement</td>
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<tr>
<td>London Beech, Level 4</td>
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<tr>
<td>Alissa Bruce-Burgess, Infant Toddler</td>
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<tr>
<td>Bertha Dominguez, Level 1</td>
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<td>Brooke Eddington, Level 4</td>
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<td>Lacie Knight, Level 1</td>
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<td>Alana Phelps, Level 1</td>
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<tr>
<td>Wendy Smith, Level 2</td>
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<td>Janae Wilkins, Level 1</td>
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### Professional Development Incentive Recipients

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<tr>
<td>Jane Curfew</td>
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<tr>
<td>Bertha Dominguez</td>
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<td>Wendy Smith</td>
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<td>Wendy Thomas</td>
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### Important information regarding the Career Ladder:
Starting July 1, 2018 a Demonstrated Competency will be required for Career Ladder Level 4. A list of demonstrated competencies, information on the required observation and a list of approved observers can be found on URPD’s website.

http://urpd.usu.edu

### CDA Renewal Amnesty Program
The Council for Professional Recognition's Renewal Amnesty Program allows anyone with a CDA credential expiration dating as far back as January 1, 2007 to apply for renewal online. This amnesty opportunity provides a waiver of the CDA holder’s expiration deadline. It does not waive the five steps required to renew a CDA. **All applications and payments must be submitted online by the Amnesty Program expiration date of DECEMBER 29, 2017 with no exceptions or extensions.**

For more information on this program visit:
http://www.cdacouncil.org/renewal-amnesty-program
Steps to Earn Your CDA Credential

Prepare

Anytime before I apply

- Earn a high school diploma, GED, or be enrolled as a junior or senior in a high school career and technical program in early childhood education.
- Complete 120 hours of formal early childhood education training, covering the growth and development of children ages 3 to 5 years old, with no fewer than 10 training hours in each of the eight CDA subject areas.

CDA Subject Areas
- Planning a safe and healthy learning environment
- Advancing children’s physical and intellectual development
- Supporting children’s social and emotional development
- Building productive relationships with families
- Managing an effective program operation
- Maintaining a commitment to professionalism
- Observing and recording children’s behavior
- Understanding principles of child development and learning

Within 3 years of submitting application:

- Obtain 480 hours of professional work experience in a center-based setting with children ages 3-5 years old.

Within 6 months of submitting application:

- Prepare your CDA Professional Portfolio - You are required to put together a collection of reference materials related to your work. Please follow the detailed instructions in your Competency Standards book to prepare your CDA Professional Portfolio.
- Find a CDA Professional Development (PD) Specialist - To learn more about CDA PD Specialist’s role in the CDA credentialing process click here.

Apply

- Apply online for your CDA Credential using the YourCDA online application system or complete a paper application provided in the CDA Preschool CDA Competency Standards Book.
- The non-refundable / non-transferable application fee of $425 must be submitted with your application. Make sure to secure the funds before you submit your application. Learn about CDA scholarships in your state.
- Once your CDA application has been reviewed and accepted you will receive a Ready to Schedule notification from the Council.

Demonstrate

- Once you receive your Ready to Schedule notification from the Council, you are ready to schedule your CDA Verification Visit and CDA Exam.

Earn

- Scores are electronically submitted to the Council by the CDA PD Specialist and Pearson Vue testing center.
- A Council committee will review the results of your assessment and render a decision whether to award you the CDA Credential. If your credential is awarded, the official Child Development Associate® credential will be mailed to you. If the committee decides you need more training, the Council will let you know the next steps to take to earn the Credential.

For more information visit www.cdacouncil.org
CAC - Weber State’s Training Policies

You must pre-register. You will not be considered registered in our classes until we receive the registration form and your payment. We require that you pre-register for our classes for a couple of reasons: 1- Due to the amount of materials we distribute in class, we need to have an accurate count of how many providers will be attending each one and enough time to prepare them. 2- Weber State University has set strict guidelines for us to follow when handling money. They will not allow any money to remain in the office unsecured, overnight. We also do not want to put your information at risk by having it sit on a desk overnight. It is for your privacy and safety that we request you send in your money. Registration forms must be sent through the mail. Money cannot be accepted at the training. Each registration form will let you know where to send it. Please check the training schedule page on our website (weber.edu/cac) to see if a class is full or has been rescheduled or cancelled.

All training participants must review and sign the Statewide Professional Development System Code of Conduct each time you register. If there is no signature, your registration form will be sent back for you to sign. We will not be able to hold your spot in any class and you may miss out on the class that you want to register for. We are not able to register anyone for a class without the signed copy of the Code of Conduct.

The registration form has the information we need for the Utah State Training Registry and must be filled out in full. An incomplete registration form will delay your registration and you may miss the class you are trying to register if it fills before we can collect the information we need. If you have any questions about the information we collect, you can contact our office at 801-626-7784.

If you are sending registrations for more than one person, you must include a registration form for each person and each person must sign the Training Participant Code of Conduct. The form has the information we need for the Utah State Training Registry, without it we cannot register you for any of our classes. Also, each person must sign a copy of the Utah State Professional Development System Code of Conduct. Without that signature, no one will be able to attend classes.

Registration for each class will close 7 days prior to the start of class. No registrations will be accepted within a week of the class’ start date. This will give us time to prepare the right amount of materials.

We register for classes one quarter at a time. You may register only for the classes listed in our current newsletter. Each quarter’s class schedule and registration form can be found in our quarterly newsletter, the Child Care Connector. The newsletter is published every September, December, March and June. The schedule and registration form will also be posted on our website shortly after it has been sent in the mail.

Sorry, we are not able to issue a refund. If we receive money from you for a class that is already full, we can give you the option of sending the check back to you or sending you a credit voucher. When a class is full, it will be posted on the training schedule page on our website at weber.edu/cac. You can always call our office at 801-626-7837 to check if the class is full before sending in the registration form or check our online schedule.

If you are unable to attend a class and you call at least three days before the first session starts, we can send you a credit voucher. Sorry, we are not able to refund money. Please be sure to call during office hours Mon – Thu 8am-4:00pm. You can reach us either at 801-626-7837 or toll free at 1-888-970-0101. We cannot issue a credit voucher if you fail to notify us before the first session of a class.

Each 10 hour class is broken down into four sessions. If you miss one or two session(s) in a class, no money can be refunded. However, you can make it up when that session is taught again, without repaying. You also have the option of making-up the session you missed with another CAC agency without having to pay again. We have an agreement with our sister agencies that allows you to make up one or two sessions with them. Just contact them for their times and registration policies.

To register for a make-up session with us, simply fill out the registration form and circle the dates you need to make up, write “make-up” in the amount enclosed section and send it in. Be sure to include the signed Code of Conduct with the form. We have a limited number of make-up slots available for each night so please let us know if you are registered for a make-up session and are unable to attend.

We need to have a minimum number of providers enrolled to conduct the class. Classes, which don't meet these minimum numbers five days before the class, will be either cancelled or rescheduled. We will notify you and send you a credit voucher for another class.

Classes may be canceled due to weather. We follow Weber State University's policies regarding this issue. If the campus is closed, our classes will be canceled. If not, classes will be held. You can call Weber State at 801-626-6000 to find out if the campus has been closed. We will also leave a message on our main phone line 801-626-7837. All classes canceled due to weather will be rescheduled.

Certificates are given to participants on the last day of class. If you are making up a session, let the trainer know, they can get the certificate to you sooner. If you do not receive a certificate within two weeks of the final session, contact our office at 801-626-8083. There will be a $5 charge for a replacement certificate.
<table>
<thead>
<tr>
<th>Class Title &amp; Description</th>
<th>Date, Time &amp; Place</th>
<th>Cost</th>
<th>Credit</th>
<th>Career Ladder</th>
</tr>
</thead>
</table>
| Infant & Toddler Care Course 1: Infants & Toddlers in Child Care Setting  
Instructor: Gina O’Driscoll  
(10 hours) In this course participants explore issues to be considered when setting up for infant and toddler care. Areas of focus include: primary caregiving, group size, continuity of care, the physical environment, daily routines, and respectful caregiving. | Oct 2, 4, 9, & 11  
6:30 – 9pm  
WSU ED13 | $16 | 10 Lic  
10 CDA  
1 CEU | Level 5 – 8  
Infant & Toddler Endorsement |
| Healthy Care  
Instructor: Tressie Kearl  
(10 hours) In this course participants will learn about child care health and safety issues. Topics include: communicable diseases, SIDS, shaken baby syndrome, child abuse and neglect, injury prevention, emergency procedures, nutrition, sick children, and medication administration. | Oct 3, 5, 10, & 12  
6:30 – 9pm  
WSU ED13 | $16 | 10 Lic  
10 CDA  
NAC | Level 1 |
| A Great Place for Kids!: Creating Positive Learning Environments  
Instructor: Verlina Adame  
(10 hours) In this course participants learn how to set up center and home-based child care programs to encourage play, exploration, and learning. Information is included on spaces and materials for block play, dramatic play, puzzles, games, books and literacy activities, art, sensory play, and outdoor play. | Oct 7 & 14  
9am – 2:30pm  
WSU ED13 | $16 | 10 Lic  
10 CDA | Level 2 – 3 |
| Theory and Best Practices, Course 3: Piaget & Brain Development  
Instructor: Crystal Knippers  
*You must have completed the Advanced Child Development class before enrolling in this class.*  
(10 hours) In this course participants will gain an understanding of Piaget’s stages of cognitive development and why his core focus was about how people acquire, process and store knowledge. Participants will also learn about how the brain develops and how they can support healthy brain development in everyday child care practices. | Oct 17, 19, 24, & 26  
6:30 – 9pm  
WSU ED13 | $16 | 10 Lic  
10 CDA  
1 CEU | Level 5 – 8  
Theory & Best Practices Endorsement |
| Looking to Learn  
Instructor: Betzy Mulwee  
(10 hours) In this course participants learn effective tools and strategies for gathering and using observational information about children. Areas of focus include: learning to observe children accurately and objectively, observation tools and goals, overcoming obstacles to observation, and interpreting and using observation data. | Oct 21 & 28  
9am – 2:30pm  
WSU ED13 | $16 | 10 Lic  
10 CDA | Level 2 – 3 |
<table>
<thead>
<tr>
<th>Class Title &amp; Description</th>
<th>Date, Time &amp; Place</th>
<th>Cost</th>
<th>Credit</th>
<th>Career Ladder</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Guidance &amp; Emotional Wellness Course 3: Promoting Social Emotional Competence</strong></td>
<td>Oct 23, 25, 30, &amp; Nov 1</td>
<td>$16</td>
<td>10 Lic 1 CEU</td>
<td>Level 5 – 8 Guidance &amp; Emotional Wellness Endorsement</td>
</tr>
<tr>
<td>Instructor: Megan Jolley</td>
<td>6:30 – 9pm WSU ED13</td>
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<tr>
<td>(10 hours) In this course participants will continue to learn about concepts developed by CSEFEL (Center for Social Emotional Foundations of Early Learning). The will explore development of positive teaching strategies for working with infants, toddlers, preschool children, and school-age children. They will also learn how doing observation and documentation supports healthy social/emotional development.</td>
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<tr>
<td><strong>Special Topic: Preschool Lesson Planning</strong></td>
<td>Nov 2 6:30 – 9pm WSU ED13</td>
<td>none</td>
<td>2.5 Lic</td>
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<tr>
<td>Instructor: Megan Jolley</td>
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<tr>
<td>(2.5 hours) In this class we will discuss simple ways to create engaging lesson plans for preschool children based on individualized needs of children and by using the Utah Core Competency Standards.</td>
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<tr>
<td><strong>Child Development: Ages &amp; Stages</strong></td>
<td>Nov 4 &amp; 11 9am– 2:30pm WSU ED13</td>
<td>$16</td>
<td>10 Lic NAC</td>
<td>Level 1</td>
</tr>
<tr>
<td>Instructor: Verlina Adame</td>
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<tr>
<td>(10 hours) In this course participants learn about typical developmental milestones for infants, toddlers, preschoolers, and school age children. Participants also learn basic strategies for working with each of these age groups of children.</td>
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<tr>
<td><strong>Infant &amp; Toddler, Course 2: Social-Emotional Growth of Infants &amp; Toddlers</strong></td>
<td>Nov 6, 8, 13, &amp; 15 6:30 – 9pm WSU ED13</td>
<td>$16</td>
<td>10 Lic 1 CEU</td>
<td>Level 5 – 8 Infant &amp; Toddler Endorsement</td>
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<tr>
<td>Instructor: Gina O’Driscoll</td>
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<tr>
<td>(10 hours) In this course participants learn about the emotional and social development of infants and toddlers. Areas of focus include: temperaments, responsive caregiving, the caregiver's role in fostering emotional development, socialization, and guidance.</td>
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<tr>
<td><strong>Child Development: Learning in the Early Years</strong></td>
<td>Nov 7, 9, 14, &amp; 16 6:30 – 9pm WSU ED13</td>
<td>$16</td>
<td>10 Lic 1 CDA</td>
<td>Level 1</td>
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<tr>
<td>Instructor: Tressie Kearl</td>
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<tr>
<td>(10 hours) In this course participants explore how young children learn and develop. Areas of focus include: brain development, learning through play, supporting social and emotional development, and positive guidance.</td>
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<tr>
<td><strong>Basics of Child Care</strong></td>
<td>Nov 18 9am – 2:30pm WSU ED13</td>
<td>none</td>
<td>5 Lic</td>
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<tr>
<td>Instructor: Vivian Hardy</td>
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<td>(5 hours) This class covers all of the topics required by licensing. It is recommended especially for those just entering the child care field.</td>
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<tr>
<td>Class Title &amp; Description</td>
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<td>Cost</td>
<td>Credit</td>
<td>Career Ladder</td>
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<tr>
<td>Special Needs Course 3: Setting up the Environment</td>
<td>Nov 27, 29, Dec 4, &amp; 6</td>
<td>$16</td>
<td>10 Lic</td>
<td>Level 5 – 8 Special Needs Endorsement</td>
</tr>
<tr>
<td>Instructor: Megan Jolley</td>
<td>6:30 – 9pm WSU ED13</td>
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<td>1 CDA</td>
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<tr>
<td>(10 hours) In this course participants will learn how to set up the environment to maximize success when working with children who have special needs. Topics include creating an accessible environment, arranging the environment for learning, increasing the playability of toys and materials, using routines to teach, and teachable moments</td>
<td></td>
<td></td>
<td>1 CEU</td>
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</tr>
<tr>
<td>School Readiness Standards Course 3: Social &amp; Emotional</td>
<td>Nov 28, 30, Dec 5, &amp; 7</td>
<td>$16</td>
<td>10 Lic</td>
<td>Level 5 – 8 School Readiness Endorsement</td>
</tr>
<tr>
<td>Instructor: Betzy Mulwee</td>
<td>6:30 – 9pm WSU ED13</td>
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<td>10 CDA</td>
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<tr>
<td>(10 hours) In this course, based on Utah’s Early Childhood Core Standards, participants will learn how to effectively and appropriately foster preschooler’s social and emotional development for school readiness. Areas of focus include: self-esteem, temperament, self-regulation, emotions, guidance, problem-solving, and social studies</td>
<td></td>
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<td>1 CEU</td>
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<tr>
<td>School Age Course 3: Relationships &amp; Management</td>
<td>Dec 2 &amp; 9 9am – 2:30pm</td>
<td>$16</td>
<td>10 Lic</td>
<td>Level 5 – 8 School Age Endorsement</td>
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<tr>
<td>Instructor: Autumn Ure</td>
<td>WSU ED10</td>
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<td>10 CDA</td>
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<tr>
<td>(10 hours) In this course participants will learn about communication and the role that it plays with children, families, school/program administration and the community at large. They will also learn about the administration of programs and professional development.</td>
<td></td>
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<td>1 CEU</td>
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<tr>
<td>Family Child Care, Course 3: Developmental Learning Goals &amp; Activities</td>
<td>Dec 2 &amp; 9 9am – 2:30pm</td>
<td>$16</td>
<td>10 Lic</td>
<td>Level 5 – 8 Family Child Care Endorsement</td>
</tr>
<tr>
<td>Instructor: Vivian Hardy</td>
<td>WSU ED13</td>
<td></td>
<td>10 CDA</td>
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<tr>
<td>(10 hours) In this family child care course participants learn methods of supporting the developmental needs of children in the areas of: social and self awareness; physical, cognitive, and language development; and creativity. Emphasis will be placed on working with children in mixed-age groups.</td>
<td></td>
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<td>1 CEU</td>
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<tr>
<td>Director’s Toolbox Course 2: From the Inside Out &amp; Making the Most of Meetings</td>
<td>Dec 4, 6, 11, 13 6:30 – 9pm</td>
<td>$16</td>
<td>10 Lic</td>
<td>Level 5 – 8 Center Director’s Endorsement</td>
</tr>
<tr>
<td>Instructor: Genevieve Romero</td>
<td>WSU ED13</td>
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<td>10 CDA</td>
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<td>(10 hours) This course covers the power of reflection and self-awareness as it applies to setting direction for your center. It also teaches how to facilitate effective meetings.</td>
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<td>1 CEU</td>
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<tr>
<td>Director’s Support Group</td>
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<tr>
<td>Facilitator: Crystal Knippers</td>
<td>Dec 18 6:30 – 7:30pm</td>
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<tr>
<td>This will be an evening for directors to talk with other directors to share information on what successes each one is having and possibly find solutions to those nagging problems. Come ready to share and learn.</td>
<td>WSU ED13</td>
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</tbody>
</table>
Please note that in incomplete registration form could result in a delayed registration.

Your full legal name: 

Your birthdate: 

Home Address: 

City, State Zip: 

Cell phone: 

Work phone: 

Email Address: 

Name of Child Care you work in: 

Start Date: 

What is your position at this child care?: 

☐ I have read, and included a signed copy of the Statewide Training Participant Code of Conduct with this registration form. (The Code of Conduct can be found on page two of this form.)

<table>
<thead>
<tr>
<th>Class Title</th>
<th>Date</th>
<th>Class Fee</th>
<th>Amount Enclosed</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ Infant Toddler Course 1</td>
<td>Oct 2, 4, 9, &amp; 11</td>
<td>$16</td>
<td></td>
</tr>
<tr>
<td>☐ Healthy Care</td>
<td>Oct 3, 5, 10, &amp; 12</td>
<td>$16</td>
<td></td>
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<tr>
<td>☐ A Great Place for Kids!</td>
<td>Oct 7 &amp; 14</td>
<td>$16</td>
<td></td>
</tr>
<tr>
<td>☐ *Theory &amp; Best Practice Course 3</td>
<td>Oct 17, 19, 24, &amp; 26</td>
<td>$16</td>
<td></td>
</tr>
<tr>
<td>☐ Looking to Learn</td>
<td>Oct 21 &amp; 28</td>
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<tr>
<td>☐ Guidance &amp; Emotional Wellness Course 3</td>
<td>Oct 23, 25, 30, &amp; Nov 1</td>
<td>$16</td>
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<td>Nov 2</td>
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<tr>
<td>☐ School Age Course 3</td>
<td>Dec 2 &amp; 9</td>
<td>$16</td>
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<tr>
<td>☐ Family Child Care Course 3</td>
<td>Dec 2 &amp; 9</td>
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<tr>
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<td>Dec 4, 6, 11, &amp; 13</td>
<td>$16</td>
<td></td>
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<tr>
<td>☐ Director’s Support Group</td>
<td>Dec 18</td>
<td>none</td>
<td></td>
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</table>

☐ I have read, and included a signed copy of the Statewide Training Participant Code of Conduct with this registration form. (The Code of Conduct can be found on page two of this form.)

*This class has a pre-requisite. You must have completed the Advanced Child Development class before enrolling.

Funding comes from the Utah Office of Child Care, from Federal Block Grant monies, set aside for enhancing quality in child care. By following the training policies, you are helping us provide excellent training at a reduced cost to you.

No refunds are available, but you may receive a credit voucher if you cancel at least three business days before the class.
Professional Development System Participant Code of Conduct

1. Punctuality / Attendance: I understand that I must be in class at or before the time scheduled for class to begin in order to obtain credit for the class. If I arrive after the time that class is scheduled to begin, I can use the time that I was actually in attendance for licensing credit, but I will have to repeat the full 2 1/2 hour session to get Career Ladder credit for the course. This includes returning on time from breaks and lunch. Class will begin when the instructor determines that it is time to start. I understand that if I am not present during the entire class period, I will not receive Career Ladder credit for the session, and will have to repeat the full 2 1/2 hour session in order to receive credit for the course.

2. Disruptive Behavior: I will be respectful to all personnel that support the Professional Development System (i.e., Care About Childcare/CCR&R staff, URPD/CCPDI staff, OCC staff, etc.). I will not use obscene, profane, threatening, discriminatory, harassing or abusive language. During class, I will be respectful to the instructor and others in attendance during each class session. I will not engage in any conversation or behavior that is disruptive or disrespectful to the instructor or other participants in the class. I will attentively participate in class. I will not text message or make cell phone calls during class time. I understand that I am required to turn my cell phone and/or other electronic devices off or turn them to vibrate during class time. I will limit all cell phone calls to break time or after class time. I will not engage in disruptive private conversations during class time. If I must bring food or drink to class, I will eat quietly and will not allow food or drink to become disruptive or distracting to the instructor or other class participants.

3. Illegal Activity/Health & Safety: I understand that any illegal activity, including behavior that threatens the health or safety of the instructor or another class participant before, during or after class will be cause for my immediate expulsion from class and permanent suspension from participation in the Career Ladder and the Professional Development Incentive, and that such behavior may be reported to law enforcement. I understand that I may be asked to leave a class if my condition prevents me from participating or is disruptive to the class environment.

4. Children: I understand that adult training classes are not a developmentally appropriate environment for children of any age. I will not bring children to class.

5. Class Roll: I understand that in order to receive credit for each class session, I must sign my full legal name on the roll before class begins. I understand that failure to do so will result in my not receiving credit for the class session. I understand that I may not sign the roll for someone else.

6. Confidentiality: I understand that confidentiality is extremely important. I understand that I must keep all names and other identifying information confidential when I am relating a story during class or asking for guidance regarding certain issues. I also understand that it is my responsibility to keep sensitive issues discussed during class in confidence, and not discuss it with family or friends outside of that classroom setting.

7. Refunds: I understand that class registration fees are non-refundable. I understand that if I notify CAC/CCR&R a minimum of three days in advance that I am unable to attend a course for which I am registered, that my registration fee may be able to be credited toward another class. I understand that it is my responsibility to contact CAC/CCR&R to make these arrangements.

8. Non-Compliance: I understand that, in cases of infractions of a minor severity (behavior that has been determined to be disruptive but not illegal), that I will be allowed one issued verbal warning upon the first violation of the above listed rules. I understand that upon the second such infraction, I will be suspended from participation in the Career Ladder and Training and Professional Development Incentive for one year from that infraction date. I understand that upon the third such infraction I will be permanently barred from participation in the Career Ladder and Professional Development Incentive System. I understand that upon the first incident of any violation in which I engage in illegal activity (including threatening or intimidating behavior), that I will be permanently banned from participation in the Career Ladder and Training and the Professional Development Incentive System, and that such action may be cause for intervention by law enforcement and/or other legal action.

Print Name ___________________________ Date ___________________________

Last revised: 3 August 2017
Referrals
Every day parents searching for child care contact our agency either online or by phone. Update your information with us and we can add your business to our referral list. It’s the easiest way to advertise! Call us at 801-626-7837 or toll free at 1-888-970-0101 to make sure your name is on the list.

Technical Assistance
Call our office at 801-626-7837 to receive help with an issue you are having whether it is a business, parent or child issue, we can provide you with the resources you need to solve it.

CDA Consultant
Are you interested in obtaining your Child Development Associate Credential? Our Program Coach, Megan is available to answer all your questions and be your partner through the process. Call 801-626-8047 to get started!

Center Program Coaching
The center program coaching is designed for center directors and a staff member. There will be one-on-one assistance to help you work towards and maintain standards of quality. Give Megan a call at 801-626-8047.

Professional Development Incentive
Caregivers who work over 20 hours a week can receive a yearly cash bonus based on their level on the Career Ladder and number of awards previously earned. For assistance on what level you may qualify for or for help in achieving your first or higher level contact us at 801-626-8083.

Family Child Care Program Coaching
The Family Coaching Program is designed for family providers. It is free, one-on-one assistance done in your home. Weekly visits where the consultant brings new ideas, activities and thoughts on ways to use things you already have to provide learning opportunities. Give Vivian a call at 801-626-7815.

Fingerprinting
We have a livescan machine and are one of your options to have fingerprints taken. We have times available 5 days a week, but those times are limited and are scheduled by appointment only. Call us to make an appointment at 801-626-7837.

Training
Earn hours for licensing, CDA & the Career Ladder. Training is a great way to increase your knowledge and network with other providers. Call 801-626-7837 or 801-626-8083 with your questions about training.