What a year it has been for all us and as early childhood educators you have remained the backbone of our workforce. It is that time where we are preparing for our summer programs and it is also a good time to look at our emergency preparedness plans and reevaluate where needed. April 15, 2021 is the Great Utah Shake out annual event and it is a great time to have an earthquake drill and see what goes well and what might need to be reworked a little. To register go to this link: [https://www.shake-out.org/utah/register/](https://www.shake-out.org/utah/register/)

Some information on why we Drop, Cover and Hold on?

Why is it important to do a Drop, Cover, and Hold On drill? To react quickly you must practice often. You may only have seconds to protect yourself in an earthquake, before strong shaking knocks you down-or drops something on you. Practicing helps you be ready to respond.

- If you are inside a building, move no more than a few steps, then Drop, Cover and Hold On:
  1. DROP to the ground (before the earthquake drops you!),
  2. Take COVER by getting under a sturdy desk or table, and
  3. HOLD ON to it until the shaking stops.

Stay indoors till the shaking stops and you are sure it is safe to exit. In most buildings in Utah you are safer if you stay where you are until the shaking stops.

- If you are outdoors when the shaking starts, you should find a clear spot away from buildings, trees, streetlights, and power lines, then Drop, Cover and Hold On. Stay there until the shaking stops.

One thing that the pandemic has taught us is that Child Care providers can be prepared to handle the hard things, they met the challenge in many ways. Practice always helps us to be prepared and while this is only one emergency type, preparing for other emergency types allows us to remain calm and supportive. If you are in need of other resources for your emergency plan or just to get additional information, please feel free to contact us.
Database Update

As many of you have noticed, the Care About Childcare website is sporting a new database. One of the changes in this new system is that Child Care Providers must now update their profile and program information themselves.

Please take a moment to log in and make sure your information is correct. The Department of Workforce Services is in the process of migrating the information from the old database to the new. Now is the time to check and make sure everything looks good.

For the video tutorial specifically how to manage the information on your profile follow this link: https://www.youtube.com/watch?v=a-ElefJCosk

Having updated information in the database is important. Many families turn to the Care About Childcare website to help them search for care. It is one of the best tools you can find for free to help you advertise that you have openings.

**We are still doing our update drawing.**
We have a Google Form you need to complete to let us know you’ve updated in order to be entered in the drawing. Once you have updated your vacancy information on the Care About Childcare website, complete this form https://forms.gle/9KHAyD9PYBFXU13j6 to let us know that you’ve updated. Drawings will be held monthly.

New Database Features

Tutorials for various parts of the new website are available on YouTube. These tutorials can be viewed in English or Spanish. https://www.youtube.com/playlist?list=PLC7xoL4RFgn_InP4LhV8-O3zuAGLN7hp

Some of the new features for users (caregivers) include:
- Users will be able to search the course calendar using a variety of filters including searching for courses by region, cost, subject area, etc.
- In coordination with their programs, users will be able to register for courses and request that their employer pay for the course.
- Users will have access to the full course catalog detailing all of the current Career Ladder approved training options.
- Users will be able to add an “About Me” statement and upload a photo to their profile that will be used by their local Care About Childcare staff to learn more about them and their professional background.

Some of the new features for programs (facilities) include:
- Program managers will be able to pay for Care About Childcare courses for their staff members.
- Program managers will be able to view the professional development activities of their staff members, including their Career Ladder levels, transcript and course schedule.
- Program managers will be able to upload and view awards and recognitions for their programs.
Save the Date

This year we will be hosting our Provider Appreciation event at the George S Eccles Dinosaur Park

May 8th 2021

More information coming soon
Currently, a face covering or mask will be required for all customers being fingerprinted. Please bring a mask or face covering to wear while being fingerprinted.

You will also be required to wash your hands/use hand sanitizer before being fingerprinted.

Please do not schedule an appointment if you have had any of the following symptoms within the past 24 hours, or if any of these symptoms arise, please call to cancel your appointment:

- Fever or Feeling Feverish (chills, sweating, etc.)
- Shortness of Breath
- Cough
- Sore Throat
- Loss of Taste or Smell
- Diarrhea
- Nausea
- Vomiting

Please do not schedule an appointment if within the past 14 days you have had close contact with an individual diagnosed with COVID-19, have traveled to an area where COVID-19 is spreading, or are under quarantine.

Only the person being fingerprinted should come to our office lobby. If multiple people come, we will ask they remain in the car or that they socially distance in the hall following Weber State policies. No children will be allowed to accompany an adult to their appointment.

We do have a reserved parking space next to our building. We will email directions to you when you make your appointment. Parking in any other stall may result in a parking ticket from Weber State.

Please call 801-626-7837 at your appointment time and someone from the CAC office will come and get you.

We are required to verify your identity. You must bring a government issued ID. (EX: Driver’s license, state ID card, Passport, or Military ID.) School ID’s will not be accepted.
Child Care Licensing has a great page online that will take you through the process of how to submit background check forms, fingerprints, & fees. [https://childcarelicensing.utah.gov/BgsHowTo.html](https://childcarelicensing.utah.gov/BgsHowTo.html)

Easy to understand information on what the Federal requirements are can be found on the Child Care Aware website: [http://childcareaware.org/providers/opening-a-new-child-care-program/required-background-checks/](http://childcareaware.org/providers/opening-a-new-child-care-program/required-background-checks/)

Please be aware that we are doing fingerprints by appointment only. You can call our office at 801-626-7837 to schedule an appt or email us at careaboutchildcare@weber.edu.

Appointments are available on Mondays, Tuesdays, Wednesdays, & Thursdays, between the hours of 9:00am and 2:30pm. Call or email our office to check on availability.

If our schedule does not work for you or you would like to have your prints done closer to home/work, you can have your local public safety office do them for you. [Click here to download a list of local public safety offices that can do the fingerprinting for you.](https://childcarelicensing.utah.gov/BgsHowTo.html)

Child Care Licensing requires that the prints be submitted electronically, when contacting these agencies for more information, be sure to make sure they offer that service.

Child Care Licensing has compiled a list of agencies that offer live scan (electronic) fingerprint support. [Follow this link to find their list.](https://childcarelicensing.utah.gov/BgsHowTo.html)
Child Care Licensing Offers Free Training

Completion of Center Rules Trainings and Home Rule Trainings count towards required training hours and topics.

A current schedule of their training opportunities can be found on their website: childcarelicensing.utah.gov.

An online training series is also available to watch on your own time.

Kat Martinez is the trainer for the northern part of the state. You can contact her at 801-698-3244 or katmartinez@utah.gov.

CPR & First Aid Training Sources

CAC-WSU does not offer CPR & First Aid training. Listed below are some organizations and individuals that do. For more information, please call the number provided.

American Red Cross: (Weber/Morgan/N Davis) 801-627-0000
   (S Davis) 801-323-7000
American Heart Association: 1-877-242-4277
US Training Council: 1-877-554-8500, extension 2
Lakeview Hospital: 801-299-2249
McKay Dee Hospital: 801-387-7800
Bountiful City Fire Department 801-298-6230
Steve Thorlakson: 801-201-0699
Becky Erkkila: 801-678-4233
Save-A-Heart: 801-582-7144
Davis Hospital & Medical Center: 801-807-7023
Ogden Regional Medical Center (CPR only): 801-479-2017
CAC - Weber State’s Training Policies

- **You must pre-register.** You can register for Care About Childcare - Weber State’s classes online at [cac.utah.gov](http://cac.utah.gov).

- **Registration for each class will close 3 days prior to the start of class.** No registrations will be accepted within 3 days of the class’ start date. This will give us time to prepare the right amount of materials.

- **We register for classes one quarter at a time.** You may register only for the classes listed in our current schedule. Each quarter’s class schedule can be found on our website ([weber.edu/cac](http://weber.edu/cac)). Training announcements are sent every September, December, March and June via email.

- **If you are unable to attend a class, call before the first session starts,** and we’ll discuss your options. Please be sure to call during office hours Mon – Thu 7am-4:00pm, Fri 7pm - 1pm. You can reach us at 801-626-7837. You may also email our office at [careaboutchildcare@weber.edu](mailto:careaboutchildcare@weber.edu).

- Each 10 hour class is broken down into four sessions. **If you miss one or two session(s) in a class,** no money can be refunded. However, **you can make it up when that session is taught again,** without repaying.

- **To register for a make-up session with us,** contact us at 801-626-7837 or [careaboutchildcare@weber.edu](mailto:careaboutchildcare@weber.edu).

- **Credit vouchers will now be available online.** You can apply the vouchers as payment for your classes when registering. If you have any questions contact us at 801-626-7837.

- We need to have a minimum number of providers enrolled to conduct the class. **Classes, which don’t meet these minimum numbers 3 days before the class is scheduled to start, will be either cancelled or rescheduled.** We will notify you and send you a credit voucher for another class.

- **In Person Classes may be canceled due to weather.** We follow Weber State University’s policies regarding this issue. If the campus is closed, our classes will be canceled. If not, classes will be held. You can call Weber State at 801-626-6000 to find out if the campus has been closed. We will also leave a message on our main phone line 801-626-7837. All classes canceled due to weather will be rescheduled.

- **Certificates emailed to participants within one week after the class ends.** If you do not receive a certificate within two weeks of the final session, contact our office at 801-626-7837 or email at [careaboutchildcare@weber.edu](mailto:careaboutchildcare@weber.edu). You can also contact us if you lose or delete your certificate.
Creating Good Child Care: Effective Program Management
Tuesdays & Thursdays: April 6, 8, 13 & 15       Time: 6:30pm - 9:00pm
This class will be taught online via Zoom
Cost: $5
Credit: 10 Licensing hours, 10 CDA hours
Career Ladder: Levels 2 - 3
Instructor: Verlina Adame
In this 10 hour course participants learn strategies for ensuring effective program operation, including program planning, organization, record keeping, and legal issues such as licensing, liability and insurance, custody issues, the Americans with Disabilities Act, and dealing with suspected abuse and neglect.
*Please note: Session 4 includes a detailed presentation about child abuse, including physical and sexual abuse, and neglect. This content may be triggering for some participants.*

Guidance & Emotional Wellness, Course 3: Promoting Social and Emotional Competence
Saturdays: April 10 & 17       Time: 9am - 2:30pm
This class will be taught online via Zoom
Cost: $5
Credit: 10 Licensing hours, 10 CDA hours
Career Ladder: Level 5 - 8, Guidance & Emotional Wellness Endorsement
Instructor: Kaia Ortega
In this 10 hour course participants will continue to learn about concepts developed by CSEFEL (Center for Social Emotional Foundations of Early Learning). The will explore development of positive teaching strategies for working with infants, toddlers, preschool children, & school-age children. They will also learn how doing observation and documentation supports healthy social/emotional development.

Learning to Get Along: Social and Emotional Development
Mondays & Wednesdays: April 19, 21, 26 & 28       Time: 6:30pm - 9:00pm
This class will be taught online via Zoom
Cost: $5
Credit: 10 Licensing hours, 10 CDA hours
Career Ladder: Levels 2 - 3
Instructor: Ty Singleton
In this 10 hour course participants learn effective strategies for supporting young children’s social and emotional development. Areas of focus include: fostering self-esteem and independence, learning to get along in a group, and behavioral guidance.
Family Child Care, Course 1: Relationships  
Saturdays: April 24 & May 1  Time: 9am - 2:30pm  
This class will be taught online via Zoom  
Cost: $5  
Credit: 10 Licensing hours, 10 CDA hours  
Career Ladder: Levels 5 – 8, Family Child Care Endorsement  
Instructor: Jolene Holbrook  
In this 10 hour family child care course participants learn skills to help them develop the foundations of a quality home child care program. Areas of focus include: building trusting and respectful relationships with children and families, communication skills, and positive guidance.

Special Needs, Course 1: Working With Children  
Mondays & Wednesdays: May 3, 5, 10, & 12  Time: 6:30pm - 9:00pm  
This class will be taught online via Zoom  
Cost: $5  
Credit: 10 Licensing hours, 10 CDA hours  
Career Ladder: Level 5 - 8, Special Needs Endorsement  
Instructor: Shaylyn Wade  
In this 10 hour course participants will learn about working with children with special needs. Topics include introduction to inclusion, understanding disabilities, recognizing children’s strengths and needs, and medical special needs.

Professionalism in Child Care: More Than Babysitting  
Tuesdays & Thursdays: May 4, 6, 11, & 13  Time: 6:30pm - 9:00pm  
This class will be taught online via Zoom  
Cost: $5  
Credit: 10 Licensing hours, 10 CDA hours  
Career Ladder: Levels 2 - 3  
Instructor: Ty Singleton  
In this 10 hour course participants learn how to make informed decisions based on standards for best practices, utilize opportunities for individual professional growth, and contribute to the early childhood field.

Classes this quarter will be taught virtually using Zoom. You will receive an email the day before, or the day of the course with instructions and a link to join. You must participate through the use of a webcam.
Child Development: Learning in the Early Years
Saturdays: May 15, & 22       Time: 9am - 2:30pm
This class will be taught online via Zoom
Cost: $5
Credit: 10 Licensing hours, 10 CDA hours
Career Ladder: Level 1
Instructor: Ty Singleton
In this course participants explore how young children learn and develop. Areas of focus include: brain development, learning through play, supporting social and emotional development, and positive guidance.

Infant & Toddler Care Course 1: Infants & Toddlers in Child Care Settings
Tuesdays & Thursdays: May 18, 20, 25, & 27     Time: 6:30pm - 9:00pm
This class will be taught online via Zoom
Cost: $5
Credit: 10 Licensing hours, 10 CDA hours
Career Ladder: Level 5 - 8, Infant Toddler Endorsement
Instructor: Kaia Ortega
In this 10 hour course participants explore issues to be considered when setting up for infant and toddler care. Areas of focus include: primary caregiving, group size, continuity of care, the physical environment, daily routines, and respectful caregiving.

School Readiness Standards, Course 1: English Language Arts
Tuesdays & Thursdays: June 1, 3, 8, & 10     Time: 6:30pm - 9:00pm
This class will be taught online via Zoom
Cost: $5
Credit: 10 Licensing hours, 10 CDA hours
Career Ladder: Level 5 - 8, School Readiness Endorsement
Instructor: Shaylyn Wade
In this 10 hour course based on Utah’s Early Learning Guidelines, participants will learn how to effectively and appropriately foster preschooler’s language and early literacy development for school readiness. Areas of focus include: phonological awareness, letter knowledge and concepts of print, early writing, and receptive and expressive language development.

Note: The Utah State Board of Education approved a new version of the Early Learning Standards: Ages 3-5 on May 7, 2020. The new standards will be phased in over the course of the 2020-21 academic year, with full implementation beginning in the 2021-22 academic year. Care About Childcare will continue to offer the School Readiness courses based on the 2013 Early Learning Standards until June 2021. Care About Childcare will begin piloting an updated version of the School Readiness courses based on the 2020 Early Learning Standards in fall 2020. Please note that the updated School Readiness courses will cover different content areas than the 2013 courses in order to align with the updated content areas in the 2020 Early Learning Standards. Both the 2013 and 2020 versions of the School Readiness courses will count toward the School Readiness endorsement.
CAC - WSU’s 2021 Spring
Professional Development Calendar

Child Development: Ages & Stages
Saturdays: June 5 & 12       Time: 9am - 2:30pm
This class will be taught online via Zoom
Cost: $5
Credit: 10 Licensing hours, 10 CDA hours
Career Ladder: Level 1
Instructor: Tressie Kearl
In this 10 hour course participants learn about typical developmental milestones for infants, toddlers, preschoolers, and school age children. Participants also learn basic strategies for working with each of these age groups of children.

The Director’s Toolbox, Course 1: Leadership in Action & The Right Fit
Mondays & Wednesdays: June 14, 16, 21, & 23       Time: 6:30pm - 9:00pm
This class will be taught online via Zoom
Cost: $5
Credit: 10 Licensing hours, 10 CDA hours
Career Ladder: Levels 5 – 8, Center Director’s Endorsement
Instructor: Janet Wahlquist
In this 10 hour course, participants will learn qualities of good leadership, sharing power, and creating a quality center as well as recruiting staff and finding a good match.

Theory and Best Practices, Course 1: Maslow and Attachment Theory
Tuesdays & Thursdays: June 15, 17, 22, & 24       Time: 6:30pm - 9:00pm
This class will be taught online via Zoom
Cost: $5
Credit: 10 Licensing hours, 10 CDA hours
Career Ladder: Level 5 - 8, Theory & Best Practice Endorsement
Instructor: Crystal Knippers
If you’ve taken Advanced Child Development and are looking for the next step, this course is for you! In this 10 hour course participants will gain an understanding of Maslow’s Hierarchy of Needs and how to apply it in real-life situations. Participants will also learn about the work of Mary Ainsworth and John Bowlby around Attachment Theory and how attachment affects development.

Course certificates will be emailed to participants after the course is finished.
The course will also appear in your transcript on the Care About Childcare website.
Your transcript can be used for Child Care Licensing.
If you do not receive a certificate, or if the class does not appear on your transcript and it has been over a week since the class ended, email our office at careaboutchildcare@weber.edu.